

Common Questions & Educated Answers About The



How often should a patient be treated?

Acute conditions may be treated daily, particularly if they are accompanied by significant pain. More chronic problems respond better when treatments are received 2 to 3 times a week, tapering to once a week or once every other week, with improvement.

How many treatments does it take?

This depends on the nature of the condition being treated. For some acute conditions 4 to 6 treatments may be sufficient. Those of a more chronic nature may require 6 to 12 (or more) treatments. Conditions such as severe arthritis may require ongoing periodic care to control pain.

How long before the results are felt?

You may feel improvement in your condition (usually pain reduction) after the very first treatment. Sometimes you will not feel improvement for a number of treatments. This does not mean that the condition is not improving. Each treatment is cumulative and results are often felt after 3 or 4 sessions.

Can it be used in conjunction with other forms of treatment?

Yes. Laser Therapy is often used with other forms of treatment, including physical therapy, chiropractic, massage, soft tissue mobilization, electrotherapy and even following surgery. Other healing modalities are complementary and can be used with laser to increase the effectiveness of the treatment.

Does it hurt? What does a treatment feel like?

There is little or no sensation during treatment. Occasionally one feels a mild, soothing warmth or tingling. Areas of pain or inflammation may be sensitive briefly before pain reduction.

Are there any side effects or associated risks?

During more than twenty years of use by healthcare providers all over the world, very few side effects have ever been reported. Occasionally some old injuries or pain syndromes may feel aggravated for a few days, as the healing response is more active after treatment.

How long does each treatment take?

The typical treatment is 4 to 8 minutes, depending on the size of the area being treated.

Has effectiveness been demonstrated scientifically?

Yes. There are thousands of published studies demonstrating the clinical effectiveness of Laser Therapy. Among these, there are more than one hundred rigorously controlled, scientific studies that document the effectiveness of laser for many clinical conditions.

Speak with Dr. Outten about this amazing new technology at our practice and if this could work for you or someone you know

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